Lauds Propers

Tuesday Week IV

5 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 101

The declaration of a just ruler

Cantor: I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

East Choir:
I will sing of kindness and **jus**tice – *
to you, Lord, will I *sing.*
My thoughts shall follow the way of per**fec**tion: *
when will you come to me, *Lord?*
I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

West Choir:
I will walk with an inno**cent** heart *
through the halls of my pa*lace.*
I will allow no evil thing in **my** sight. *
I will hate the man who retreats from perfection:
he may not stay near *me.*
I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

East Choir:
The wicked of heart must **leave** me; *
the plotter of evil I will not acknow*ledge.*
The man who plots against his neighbour in **se**cret: *
I will suppress *him.*
The haughty of eye, the puffed-up **and** proud – *
I will not support *them.*
I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

West Choir:
I will turn my eyes to the faithful of **the** land: *
they shall sit with *me.*
Whoever walks in the way of per**fec**tion – *
he shall be my ser*vant.*
The haughty shall not live in my **pa**lace; *
the slanderer shall not stand in my *sight.*
Each morning I will **sup**press *
all the wicked of the *land.*
I will rid the city of **the** Lord *
of all that do e*vil.*
I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

Full Choir:
(profound bow)
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: So that your people may walk in innocence, you came to us, Lord Jesus, and

told us to be holy as your Father is holy. Help your children to love what is truly perfect, so that we may neither speak what is evil nor do what is wrong. Let us stand in your sight and celebrate with you the Father's love and justice.

Full Choir: I will sing to you, O Lord, and I will walk in the way of perfec*tion.*

Canticle

Daniel 3

The prayer of Azariah in the furnace

Cantor: O Lord, do not withdraw your favour from *us.*

East Choir: Blessed are you, Lord God of our **fa**thers: *
your name is glorious for ever
for you are just in all you have done to *us.*
For we have sinned and done wrong, we have deser**ted** you *
and done all things *wrong.*

West Choir: Do not give us up for ever, for your name's sake we **beg** you, *
do not dissolve your cove*nant.*
Take not your loving kindness **from** us, *
for the sake of Abraham, your beloved;
and Isaac your servant,
and Israel your holy *one.*

East Choir: You told them you would multiply **their** seed *
like the stars of the sky
like the sand on the shores of the *sea.*

West Choir: But we, Lord, are made the least of all **na**tions. *
Today we are brought low over all the earth
on account of our *sins.*

East Choir: Today there is **no** prince *
no prophet, no leader,
no holocaust, no sacri*fice.*
No offering, no **in**cense, *
no first-fruits offered to you
– no way to obtain your mer*cy.*

West Choir: But in our con**trite** souls, *
in a spirit of humility,
accept us, *Lord.*
Like a holocaust of rams **and** bulls, *
like fat sheep in their thousands,
let our sacrifice be like these before you to*day.*

East Choir: Bring to fruition the quest of those who fol**low** you, *
for those who trust in you can never be confoun*ded.*
And now we follow you with all **our** heart *
and we revere you and seek your *face.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,

and ever shall be world without end. A*men.*

Full Choir: O Lord, do not withdraw your favour from *us.*

Second Psalm

Psalm 144

For victory and peace

Cantor: I will sing a new song to you, O *God.*

East Choir:
Blessed be the Lord, **my** help, *
who trains my hands for battle,
my fingers for *war.*
The Lord is kindness **and** strength, *
my refuge and my libera*tor.*
He is my shield, and I trust **in** him – *
he places my people under his *rule.*
I will sing a new song to you, O *God.*

West Choir:
Lord, what is man, that you should take notice **of** him? *
The son of man, that you should give him re*spect?*
For man is as **no**thing, *
his day is like a shadow that pas*ses.*
I will sing a new song to you, O *God.*

East Choir:
Lord, descend from your **heav**ens, *
touch the mountains so that they *smoke.*
Brandish your lightnings and scatter my e**ne**mies, *
fire your arrows, sow confusion among *them.*
Send down your power from **a**bove, *
raise me and free me from the flooding wa*ters,*
from the power of those of for**eign** race, *
whose speeches are not to be trusted,
who lift up their hands in perju*ry.*
I will sing a new song to you, O *God.*

West Choir:
I will sing a new song to **you,** God: *
I will sound your praise on the ten-stringed *harp.*
You give victory **to** kings, *
you rescue David your servant
from the swords of his ene*mies.*
I will sing a new song to you, O *God.*

Full Choir:
(profound bow)
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: Lord, God of strength, you gave your Son victory over death. Direct your Church's fight against evil in the world. Clother us with the weapons of light and unite us under the one banner of love, that we may receive our eternal reward after the battle of earthly life.

Full Choir: I will sing a new song to you, O *God.*

Reading

Joel 2:12-13

Lector: Come back to me with all your heart, fasting, weeping, mourning. Let your hearts be broken, not your garments torn, turn to the Lord your God again, for he is all tenderness and compassion, slow to anger, rich in graciousness, and ready to relent.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

The man who cured me told me, 'Pick up your mat and *walk.'*

Intercessions

Lector: *We give thanks to God the Father, who gave his only-begotten Son, the Word made flesh, to be our food and our life. We pray to him:*
Full Choir: – *May the word of Christ be alive within us.*
Lector: This Lent, may we listen more often to your word,
to give greater honour to Christ, our Paschal victim.
Full Choir: – *May the word of Christ be alive within us.*
Lector: May the Holy Spirit teach us to encourage doubters to find the true path,
and those who have strayed, to return to it.
Full Choir: – *May the word of Christ be alive within us.*
Lector: Give us the gift of a deeper experience of the mystery of Christ,
and a deeper expression of it in our lives.
Full Choir: – *May the word of Christ be alive within us.*
Lector: Purify and renew your Church in this holy time:
make her a better and better witness to you.
Full Choir: – *May the word of Christ be alive within us.*

Prayer

Father, may our lenten observance prepare us to embrace the paschal mystery and to proclaim your salvation with joyful praise. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.